

## Regular Egg Salad Sandwich

Servings: 2

- 4 hard boiled eggs
- 1/8 tsp. black pepper
- 1/8 tsp. salt
- 4 TBL mayo
- 4 slices white bread
- 1 tsp. Dijon mustard
- 1 tsp. dill weed

1. In a bowl, combine eggs, mayo, salt, pepper, parsley, mustard, and onion.
2. Divide salad between two slices of bread and top with lettuces and then top each with the second slice of bread

Yield: 2 sandwiches

Nutrition Facts per serving:

Calories: 610; Fat: 36 grams